

DECEMBER 2018

South Bend Community Schools Elementary II Menu

Students may take 2 of one vegetable or 2 different vegetables to equal 1 cup. 8 oz. nonfat and low fat flavored & unflavored milk is served with all meals.

Offered Daily: Chef Salad, PBJ Sandwich, Cheese Sandwich, or Yogurt, Cheese, or Cracker Grab –n- Go, a Verity of Fresh Fruits & Veggies.

Monday

Breakfast **3**
WG French Toast

Lunch
Pizza Dippers w/Marinara Dipping Sauce
Green Beans-1/2 cup
Pineapple Tidbits- 1/2 cup

Breakfast **10**
WG Strawberry Mini Bagel

Lunch
Chili
Chips (1)
Mixed Vegetables-1/2 cup
Diced Peaches-1/2c

Breakfast **17**
Breakfast Slider

Lunch
WG Penne Pasta w/Meat Sauce
WG Garlic Bread
Green Beans-1/2 cup
Mixed Fruit-1/2 cup

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Tuesday

Breakfast **4**
Eqqstravaganza w/Toast

Lunch
Chicken Tenders w/Potato Wedges
WG Dinner Roll
Diced Pears-1/2 cup

Breakfast **11**
WG Sausage Cheese Brk. Round

Lunch
WG Cheese Pizza
Green Beans-1/2 cup
Diced Pears-1/2 cup

Breakfast **18**
WG Blueberry Pancakes

Lunch
Chicken Taco w/WG Chips (1)
Whole Kernel Corn
Diced Peaches-1/2 cup

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Wednesday

Breakfast **5**
Yogurt w/1/2 Bagel

Lunch
Bean & Cheese Burrito
Whole Kernel Corn
Applesauce-1/2 cup

Breakfast **12**
Yogurt w/1/2 Bagel

Lunch
Charbroiled Hamburger on WG Bun
Whole Kernel Corn-1/2 cup
Fresh Fruit-1/2 cup

Breakfast **19**
Yogurt w/1/2 Bagel

Lunch
Crispy Chicken Patty on WG Bun
Baked Beans-1
Diced Pears-1/2 cup

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Thursday

Breakfast **6**
WG Breakfast Wrap

Lunch
Popcorn Chicken w/WG Dinner Roll
Mixed Vegetables
Mandarin Oranges-1/2 c

Breakfast **13**
WG Gingerbread Cookie

Lunch
Chicken Alfredo Pasta w/ WG Garlic Bread
Broccoli-1/2 cup
Baked Apples-1/2 /cup

Breakfast **20**
WG Breakfast Wrap

Lunch
WG Pizza – 1
Broccoli- 1/2 cup
Fresh Fruit- 1/2 cup

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Friday

Breakfast **7**
Mini Cinnamon Waffles

Lunch
Salisbury Steak w/Mashed Potatoes
Dinner Roll (1)
Mixed Fruit-1/2 c

Breakfast **14**
French Toast

Lunch
WG Bagel Dog
Baked Beans
Mixed Fruit-1/2c

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*This institution is an equal opportunity provider.
Esta institución es un proveedor que ofrece igualdad de oportunidades*

Menu Notes: *Contains Pork, 4 oz. Juice and/or Fresh Fruit served w/Breakfast: WG Cereal w/WG Crackers available at Breakfast Menus are subject to change.

